ADULT PROTECTIVE SERVICES

According to the National Council on Aging, approximately 1 in 10 older adults experience some form of elder abuse. Many are subject to more than one type of mistreatment. In Illinois, types of abuse investigated by the Adult Protective Services (APS) program include:

- Abandonment
- Confinement
- Emotional abuse
- Financial exploitation
- Passive neglect
- Physical abuse
- Sexual abuse
- Willful deprivation
- Self-neglect

It is important to look out for changes in the older adult’s demeanor, physical appearance, or routine.

In Illinois, Adult Protective Services is here to help. Caseworkers are trained to conduct investigations and work with the older adult to mitigate and resolve instances of abuse, neglect, and exploitation. Anyone can report a case of abuse in good faith and reports can be taken anonymously. The older adult has the right to self-determination, including the decision to accept or refuse services and interventions. Confidentially is paramount.

There are 38 APS agencies across the state.

Reports can be taken by calling Senior Services at 708-383-8060 Monday-Friday from 9AM-5PM or 24/7 by contacting 866-800-1409

To learn more about Adult Protective Services in Illinois, visit the Illinois Department on Aging at:
River Forest Township & Library Events
Programs provided in partnership with the River Forest Public Library
Visit the website: riverforestlibrary.org/or call 708-366-5205

Coffee Mondays, the first Monday of the Month from 10:00 - 11:00am
(Cancelled for July).

August 7: Roz Byrne, Senior Real Estate Specialist will talk about the “Upside of Downsizing” and address concerns you may have about downsizing.

September 12: Understand Medicare Fraud while playing BINGO with AgeOptions.

Celebrating Seniors All Year Long Programs
(Details on library website)
July 15: Gentle Yoga 2:00 - 3:00pm (registration required)
July 22: NEIU Flute Trio 2:00 - 3:30pm
July 29: Ladies of Laughter: Great Comediennes 2:00 - 3:30pm
August 12: All Levels Yoga 2:00 - 3:30pm (registration required)
August 19: The Luciano Antonio Duo 2:00 - 3:30pm
September 16: The Dooley Band TBD

Oak Park Township - Upcoming Events
These free events are held at 130 S Oak Park Ave in Oak Park, unless otherwise specified. Residents of all communities are welcome!
Registration required for all programs through our Senior Services Nutrition and Program Hotline at: (708) 725-9129

Oak Park Library BOOK BIKE: 11:00am-Noon on the last Wednesday of the month

July 13: Community Blood Drive 2:30-6:00pm

July 19: Lunch-n-Learn: Eye Health — Presenter: Dr. Irene Vongluekiet, 11:00am-12:00pm

ONGOING EVENTS

WE’RE OPEN DAILY FOR LUNCH 11:00am-1:00pm

Book Club: 7/25, 8/29, 9/26 1:00-2:00pm

Memory Café: A coffee house atmosphere with engaging programs for individuals living with memory changes and their care partners. Meets virtually on the 3rd Tuesday of each month,

From 2:00-4:00pm.
Join at https://us06web.zoom.us
Meeting ID: 980 5192 0291# Passcode: AD8DrE or Call-In: (312) 626-6799
Meeting ID: 980 5192 0291# Passcode: 920435

BINGO: Every Wednesday, 10:00-11:00am
Free Conference Call-In: (425) 436-6394 Access Code: 506198#. Join us for lunch after BINGO!

Slowfire Art Classes: Every Wednesday 1:00-2:00pm

Knit/Crochet Club: Every Friday 10:00-11:00am

Nutrition Advisory Council: 7/11, 8/1, 9/5-1:00-2:00pm

Farmers’ Market Coupons will arrive MID-JULY, applications will come in at that time.
Nutrition/Event Calendars are always available upon request.

Senior Services will be closed:
Tuesday, July 4th - Independence Day & Monday, September 4th - Labor Day
Super Seniors Mobile Event from the Illinois Secretary of State—October 23
Super Seniors is a convenient and voluntary program for driver’s license renewal, which includes Rules of the Road classroom instruction, and a vision-screening exam. The Rules of the Road Review Course also includes a review of safe driving techniques and Illinois driving laws.

Event services include:
- Drivers License and State ID: Renewal and Correction
- License Plate Stickers: New, Renewal, and Corrections

River Forest Township from 10:00 a.m.-2:00 p.m.
Contact Caroline Wilz to register:
(708)383-8060 ext. 3118

Appointments at River Forest Township
Every Wednesday
Clients can meet with a Benefits specialist to help them apply for the following:
- License Plate Discount
- Ride Free passes
- Medicare Savings Program

Call Senior Services at 708-383-8060 ext. 3118 to set up an appointment.
River Forest Township:
8020 West Madison St - River Forest, IL 60305

2023 Oak Park Farmers’ Market season is here!
The Oak Park Farmers’ Market is held from 7 a.m. to 1 p.m. every Saturday from May 20 through Oct. 28, 2023. The Market is located in the Pilgrim Church parking lot at 460 Lake St., one block west of Ridgeland Avenue.

Oak Park Township is offering rides for all ages to and from the Oak Park Farmers’ Market throughout the season. Pickups are made from 8 a.m. to 1 p.m. each Saturday for anyone who lives in Oak Park and River Forest.

To schedule a ride, call 708.383.4806 from 8:30 a.m. to 1:30 p.m., Monday through Friday.
There is a suggested donation of $1 per ride.

Free Senior Health Insurance Counseling
The Senior Health Insurance Program (SHIP) is a free counseling service provided by Senior Services staff & volunteers trained through the Illinois Dept of Insurance.

Counselors do NOT sell insurance, but provide unbiased answers to your questions about Medicare, Medicare Supplement Insurance, Medicare Advantage Plans, Low Income subsidies, and prescription drug coverage. SHIP counseling services are also available for people on Medicare due to a disability.

Please call for an appointment with our trained and certified counselors at (708) 383-8060.
Oak Park & River Forest Townships
Senior Services Personnel Directory

Administrative Offices:
- Pamela Mahn: Director
- Maureen Delaney: Assistant to the Director
- Mary Anne Ojeda: Senior Manager Social Services

Aging & Disability Resource Center:
- Caroline Wilz: Older Adult Benefits Administrator
- Pleshette Davis: Older Adult Benefits Specialist
- Yazmin Morales: Information & Assistance/Housing Specialist
- Marsha Steen: Information & Assistance Specialist

Caregiver Program:
- Devin Andrews: Caregiver Support Specialist

Case Management:
- Bonnie Noe: Care Coordination Unit Supervisor
- Amanda Bradley: Behavioral Health Care Coordinator
- Ashley McKinley: Care Coordinator / Case Liaison
- Audrey Crowder: Behavioral Health Care Coordinator
- Ericka Fox: Intake Specialist / Care Coordinator
- Michael Joffe: Team Lead for Care Coordination
- Michelle Hampton: Care Coordinator
- Taylor Gilbert: Team Lead Billing & Quality Assurance Specialist
- Tovara Poffenberger: Care Coordinator
- Vincent Hartnett: Care Coordinator

Adult Protective Services, Choices for Care, Money Management:
- Bianca Ingwersen: Adult Protective Svcs & Choices for Care Supervisor
- Vivian Holt: Adult Protective Svcs & Money Management Coordinator
- Jennifer Fryer: Care Coordinator / Choices for Care
- Susan Hooper: Care Coordinator / Choices for Care

Nutrition Programs:
- Laura Valcour: Nutrition Program Manager
- Janice Underwood: Nutrition Program Assistant
- Sojourner Yearby: Food Service Staff Lead
- Asia Moore: Data Entry Clerk / Receptionist
- Doug Strubel: Food Service Worker

Transportation:
- Lori Strong: Transportation Manager
- Yvette Dotson: Dispatcher / Driver
- Edward Timothy McCoy: Bus Driver
- Kimberly Loggins: Bus Driver
- Milton White: Bus Driver
- Terry Woodard: Bus Driver

Senior Committee Members:
- Oak Park Township:
  - Valerie Lester, Chairperson
  - Andrew Roskos, Vice Chairperson
  - Patricia Koko
  - Joy Aaronson
  - Sabryna Joi King-Bell
  - Eric Davis, Trustee Liaison

- River Forest Township:
  - Jean Buckley
  - Lydia Manning
  - Mike Carioscio
  - Jim Flanagan
  - Carolyn Foster
  - Briselda Gjikondi
  - Ruth Reko
  - Betsy Kelly, serving as Liaison for Trustee Karen Taubman