



# Oak Park Township Senior Lunch Program

## FEBRUARY 2020

Dining Hours:  
Monday-Friday:  
11:00AM-1:00PM

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>PORK ROAST W/ CINNAMON APPLES; AUGRATIN POTATOES, CORN, PUMPKIN BAR, WHEAT BREAD</b>	<b>CHEESEBURGER; LETTUCE &amp; TOMATO, TOMATO SOUP, PEA SALAD, PEARS &amp; CRANBERRIES, BUN</b>	<b>SALISBURY STEAK W/ GRAVY; MASHED POTATOES, BEETS, PINEAPPLE, MULTI-GRAIN ROLL</b>	<b>CHEF SALAD WRAP; LETTUCE &amp; TOMATO, VEGETABLE LENTIL SOUP, BANANA, MELON</b>	<b>LASAGNA W/ MEAT SAUCE; BROCCOLI, CHEF'S VEGETABLE, OATMEAL RAISIN COOKIE, WHEAT BREAD</b>
10	11	12	13	14
<b>ROAST TURKEY W/ GRAVY; SWEET POTATOES, MIXED VEGGIES, BREAD STUFFING, CHEF'S FRUIT</b>	<b>STUFFED GREEN PEPPER; LETTUCE &amp; TOMATO, LUMBERJACK SOUP, FRUIT CUSTARD, RANGER COOKIE, MULTIGRAIN BREAD</b>	<b>SPAGHETTI &amp; MEATBALL MARINARA; MIXED SALAD GREENS, PEACH COBBLER. WHEAT BREAD</b>	<b>CHOPPED STEAK &amp; GRAVY; MASHED POTATOES, CAULIFLOWER &amp; RED PEPPER, MANDARIN ORANGES, CHEF'S CHOICE</b>	<b>CITRUS ALASKAN POLLOCK, ALT: CHICKEN; VEGETABLE RICE PILAF, COUNTRY BLEND VEGGIES, CHICK PEA SALAD, MULTI-GRAIN ROLL, MELON</b>
17	18	19	20	21
<b><u>OAK PARK TOWNSHIP</u> <u>CLOSED</u> PRESIDENT'S DAY</b>	<b>BBQ RIBLET, ALT: CHICKEN SALAD; LETTUCE &amp; TOMATO, CREAM OF POTATO SOUP, CINNAMON APPLES, CHEF'S CHOICE, RYE BREAD</b>	<b>ROAST TURKEY W/ CHEDDAR ALE SAUCE; VEGGIE RICE PILAF, BROCCOLI, CHEF'S FRUIT, BISCUIT, OATMEAL RAISIN COOKIE</b>	<b>TURKEY TRIO &amp; CHEESE SUB SANDWICH; LETTUCE &amp; TOMATO, SPLIT PEA SOUP, BANANA, CRANBERRY JUICE, WHEAT BREAD</b>	<b>CHICKEN BREAST PARMESAN; PENNE PASTA W/ MARINARA, SQUASH MEDLEY, PEACHES, WHEAT BREAD</b>
24	25	26	27	28
<b>BAVARIAN STYLE BRATWURST; PARSLIED POTATOES, CARROTS, MELON, RYE BREAD</b>	<b>CHICKEN CHARDONNAY; MASHED POTATOES, BROCCOLI, PINEAPPLE- ORANGE SALAD, APPLE BAR, WHEAT BREAD</b>	<b>VEGETARIAN CHILI; MAC &amp; CHEESE, COUNTRY BLEND VEGGIES, FRUIT COCKTAIL, CORN BREAD</b>	<b>VEAL MARSALA; SCALLOPED POTATOES, STEWED TOMATOES, PEARS, BEET SALAD, MULTI-GRAIN ROLL</b>	<b>POLLOCK FISH FILET, ALT: CHICKEN; BAKED POTATO, CALIFORNIA BLEND VEGGIES, LEMON MANDARIN PUDDING, WHEAT BREAD</b>
<p><b>This program is funded in part by Age Options and Title III-C of the Older Americans Act. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, IL, 60302. (708) 383-8060.</b></p>				<p><b>SUGGESTED MEAL CONTRIBUTION: \$1.50</b></p>

Menu items are subject to change. Diabetic meals will receive a substitute for dessert. All meals served with 1% or Skim Milk.

Oak Park Township Senior Services does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, Section 504 of the Rehabilitation Act; the Americans with Disabilities Act; The Illinois and U.S. Constitutions. If you feel that you have been discriminated against, you have the right to file a complaint. For information, call (800) 252-8966 (voice and TDD) or contact Senior Services at: (708) 383-8060.