

Senior Services

130 S. Oak Park Avenue

Oak Park, IL 60302

Main: (708) 383-8060

Transportation: (708) 383-4806

seniors@oakparktownship.org

Office Hours:

Monday-Friday, 9:00am-5:00pm

(Flexible appointments available upon request)

Case Management

Senior Dining Programs

Home Delivered Meals

Information & Assistance

Senior Advocacy

Money Management

Caregiver Support Programs

Benefit Access Applications

Adult Protective Services

Memory Café

Find us online at:

oakparktownship.org

riverforesttownship.org

[Facebook.com\oakparktownship](https://www.facebook.com/oakparktownship)

[Facebook.com\riverforesttownship](https://www.facebook.com/riverforesttownship)

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- 2024 Income Tax preparation
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- Sidewalk Snow Removal
- Money Management Program

IRS warns taxpayers, specifically, Older Adults, of mail scam!



The Internal Revenue Service (IRS) is warning taxpayers about a new scam designed to trick potential victims into believing that they are owed a refund/stimulus check. IRS and government impersonation scams are nothing new. However, this scam stands out from the rest as it involves postal mail and is related to a refund rather than outstanding taxes.

Specifically, the impersonators are mailing cardboard envelopes containing a letter with IRS masthead and claiming to be regarding the recipient's "unclaimed refund." It then asks for multiple photos of the potential victim's driver's license and various personal information (such as a phone number, bank routing information, and a Social Security number) to receive the refund. As with other scams, the contact information provided by the fraudsters does not belong to the IRS. The personal information they are seeking allows the criminals to commit identity theft.

To reduce your risk of being a victim of a government imposter scheme, keep the following tips in mind:

- Double check the legitimacy of any phone numbers, email addresses, URLs, or filing dates sent to you with the official information available on the irs.gov website.
- Typos, grammatical errors, and improper phrasing are all red flags that an incoming communication may be a scam.
- Remember that the IRS never contacts taxpayers via email, text, or social media regarding a bill or tax refund.
- Do not respond to suspected phishing attempts and do not click any weblinks that may be contained within the message.

<https://fraud.org/irs-mail-scam/>

River Forest Township & Library Events

Programs provided in partnership with the
River Forest Public Library
Visit the website: riverforestlibrary.org/
or call (708) 366-5205
River Forest Township Senior Services

Coffee Mondays, the first Monday of the
Month from 10:00 - 11:00am

January 8: Tiffany Clements, from Center for Disability and Elder Law (CDEL) will talk about their services.

February 5: Erick Morton, Coordinator of Triton's School of Continuing Education will talk about their class offerings for Older Adults.

March 4: Mario Porras, Director of RSVP will talk about the Retired Seniors Volunteer Program (RSVP) and their volunteer opportunities for older adults.

Celebrating Seniors All Year Long Programs
(CSAYL) 2:00pm-3:30pm

January 21: Barbie: the History of America's Most Famous Doll

January 24: Healthy Comfort Cuisine: A Cooking Demonstration and Tasting, 7-8pm

February 4: Hidden Messages in Negro Spirituals on the Underground Railroad

February 18: Biomimicry: Looking to Nature to Solve Today's Problems

March 3: Life Lessons from the Happiest People on Earth What is it about Scandinavian Countries that makes life so pleasant

March 10: Kathleen Flemming She will focus on working conditions of women in the late 19th Century and early 20th Century.

ONGOING EVENTS (check with library)

Film Lover Friday: Third Friday, 1:00-3:30 pm

Yoga: (Registration required)

Second Saturday, 2:00-3:00pm

Craft and Chat (Registration required)

March 14. 7:00-8:00pm

Contact Betsy Kelly, (708) 366-2029x13 or bkelly.rftownship@gmail.com for questions/suggestions.

Oak Park Township - Upcoming Events

These free events are held at 130 S Oak Park Ave in Oak Park, unless otherwise specified. Residents of all communities are welcome!

Registration required for all programs through our Senior Services Nutrition and Program Hotline at: (708) 725-9129

Oak Park Library BOOK BIKE: 11:00am-Noon on the last Wednesday of the month

MAD 4 MATS: Woven with Love Community Project weaving mats for local shelters/churches.

10:00am-1:00pm. Every Thursday

Fit n Strong: 9:30am -11:00am Tuesdays and Fridays. Pre-registration Required. WAIT LIST ONLY

ONGOING EVENTS

WE'RE OPEN DAILY FOR LUNCH
11:00am-1:00pm

Memory Café 3rd Tuesdays of the month, 2:00-4:00pm

Book Club: 1/30, 2/27, 3/26 1:00-2:00pm

BINGO: Wednesday, 10:00-11:00am

Free Conference Call-In: (425) 436-6394 Access Code: 506198#. Join us for lunch after BINGO!

Slowfire Art Classes: Every Wednesday 1:00-2:00pm

Line Dancing: Every Thursday, 1:15-2:15pm

Zumba GOLD: Every Monday, 9:30-10:15am

Nutrition Advisory Council: 1/9, 2/13, 3/12
1:00-2:00pm

Save the Dates:

Blood Drive: 1/22, 3/27, 5/22, 7/24, 9/25, 11/27

2:30- 5:30 pm www.communityblood.org/donor

Click "Donate Now" Sponsor code: CW09

Or ☎ (800) 280-4102 To Register

Senior Services will be closed:

- Monday, January 1 - New Year's Day
- Monday, January 15 - Martin Luther King Jr. Day
- Monday, February 19 - Presidents' Day

2024 Income Tax Preparation Resources

LADDER UP-Chicago

350 N Orleans
Suite C2-100
Chicago, IL 60654
(312) 409-1555

Opens January 27th, 2024

AARP Foundation Tax-Aide

Site Locator number only
1-888-227-7669

AARP Foundation Tax-Aide

Toll-free: 1-888-687-2277 (888-OUR-AARP)
Toll-free TTY: (877) 434-7598

**May have an income limitation requirement*

Senior Services will have updated listings in 2024 for additional resources near the community.

Please call for more details (708) 383-8060.



SIDEWALK SNOW REMOVAL

The Villages of Oak Park and River Forest provide Snow Shoveling Assistance Programs to home owners who receive public assistance based upon their income and/or have a documented medically diagnosed disability that prevents them from shoveling snow. The Villages utilize third party contractors to clear snow and ice from public sidewalks only! Completed application forms, need to be submitted to the following locations:

Oak Park:

Oak Park Public Works
201 South Boulevard Oak Park, IL 60302
Or call (708) 358-5700
Email: publicworks@oak-park.us

River Forest:

Village Hall
400 Park Avenue River Forest, IL 60305
Or call (708) 366-8500
Email: lmasella@vrf.us

Please call Senior Services for further assistance, to obtain a copy of the Snow Removal Program application form, or for a listing of private pay resources (708) 383-8060

Nutrition Programs Offer more than Meals!

During National Nutrition Month in March we encourage community members to reach out to Senior Services.

Volunteers are always needed! Volunteering to bring a meal to a homebound person provides them with nutritious food, and makes you feel good too. When the meal is delivered with a smile and a sincere "How are you today?" It can make all the difference in the world to that older person.

With costs rising and resources shrinking, cost efficiencies are needed now more than ever. Join us for lunch in the dining room!

- Receive a wholesome meal, socialize, engage in educational opportunities, and have fun while participating in healthy aging activities.
- Savvy participants rely on congregate meals to supplement their total daily food needs and this program helps them manage food costs.

To learn more about the Township Nutrition programs please come in or call:

Senior Services - 130 S. Oak Park Ave.
Oak Park IL 60302 (708) 383-8060

Money Management Program

Is a valuable service for older adults who need help budgeting, developing spending plans, balancing checkbooks, sorting mail, or managing their day to day finances.

Senior Services will conduct an evaluation to determine if the program can be helpful. Trained and insured volunteers provide monthly service.

Please call (708) 383-8060
for more information



Oak Park & River Forest Townships

Senior Services Personnel Directory

Township Officials

Oak Park Township Supervisor:

Clarmarie I. Keenan

Trustees:

Eric Davis
Tim Thomas
Ade Onayemi
Margaret Trybus

Township Clerk:

DaToya Burtin-Cox

Assessor:

Ali ElSaffar

River Forest Township Supervisor:

Carla Sloan

Trustees:

Helene Connolly
Deana Herrman
Keith Strom
Karen Taubman

Township Clerk:

John Becvar

Assessor:

Pamela Kende

Senior Committee Members:

Oak Park Township

Valerie Lester, Chairperson
Andrew Roskos, Vice Chairperson

Patricia Koko Sabryna Joi King-Bell
Joy Aaronson Jean Peterman
Margaret Nafiseh

Eric Davis, Trustee Liaison

River Forest Township

Jean Buckley Lydia Manning
Mike Carioscio Jim Flanagan
Carolyn Foster Briselda Gjikondi

Ruth Reko

Betsy Kelly, serving as Liaison for
Trustee Karen Taubman

Administrative Offices:

Pamela Mahn Interim Township Manager/Director Senior Services
Maureen Delaney Assistant to the Director
Mary Anne Ojeda Senior Manager Social Services

Aging & Disability Resource Center:

Caroline Wilz Older Adult Benefits Administrator
Ericka Watson Older Adults Benefits Specialist
Yazmin Morales Information & Assistance/Housing Specialist
Marsha Steen Information & Assistance Specialist

Caregiver Program:

Devin Andrews Caregiver Support Specialist

Case Management:

Bonnie Noe Care Coordination Unit Supervisor
Amanda Bradley Behavioral Health Care Coordinator
Ashley McKinley Care Coordinator
Audrey Crowder Behavioral Health Care Coordinator
Ericka Fox Intake Specialist/Care Coordinator
Michael Joffe Team Lead for Care Coordination
Michelle Hampton Care Coordinator
Patrick Leavy Case Liaison
Taylor Gilbert Team Lead Billing & Quality Assurance
Tovara Poffenberger Care Coordinator
Vincent Hartnett Care Coordinator

Adult Protective Services, Choices for Care, Money Management:

Bianca Ingwersen Adult Protective Svcs & Choices for Care Supervisor
Vivian Holt Adult Protective Svcs & Money Management Coordinator
Jennifer Fryer Care Coordinator/Choices for Care
Susan Hooper Care Coordinator/Choices for Care

Nutrition Program:

Mercedes Nash Nutrition Site Supervisor
Janice Underwood Nutrition Program Assistant
Asia Moore Data Entry Clerk/Receptionist
Sarah Cerda Food Service Worker

Programs and Engagement:

Laura Valcour Programs & Engagement Administrator

Transportation:

Lori Strong Transportation Manager
Yvette Dotson Dispatcher/Driver
Edward Timothy McCoy Driver
Kimberly Loggins Bus Driver
Terry Woodard Bus Driver