

Memorandum

To: Supervisor Keenan and the Board of Trustees
From: Megan Traficano-Youth Services Director
Re: Girls on the Rise Program
Date: June 20, 2019

Recommendation: That Dominique Hickman work as a part time Youth Interventionist (a caseload of 8 youth) from September 1, 2019-March 31, 2020. The Youth Interventionist Program would hire a part time Youth Interventionist starting September 1, 2019 to continue serving a full caseload with Dominique going to part time. As of April 1, 2020 Dominique would move to the Case Management/Mentoring Department and the part time interventionist would become full time.

I am providing a written response to the questions posed by the Board regarding my recommendation to expand the Girls on the Rise Program.

- The cost of the Guest Speakers: These speakers were specifically selected due to the nature of their workshops and the way that these workshops and speakers relate to the girls participating in the program. Please refer to the Guest Speaker Breakdown attachment for a detailed description of each of the workshops. These speakers are all women who the girls can identify with and that matter to them and their lives. Please refer to the Guest Speaker Breakdown attachment to also see exact costs, experiences covered, and which group the speaker will be presenting too.
- District 97 commitment and investment in Girls on the Rise:
 - A. Financial Commitment: this is an in-kind commitment where they provide the use of their space to run the program. District 97 supports our programming and the Township is the only agency that they provide space to during the school day.
 - B. Data: Each parent signs a release form that District 97 can share data (attendance, grades) with Dominique Hickman. Dominique is able to get that information from the front office at both Middle Schools.
 - C. Support from Administration: April Capuder - Principal at Gwendolyn Brooks Middle School and Dr. Todd Fitzgerald - Principal at Percy Julian Middle School.
- How will students be identified: self-identification

Girls on the R.I.S.E Mentoring Program

Reaching, Inspiring, Supporting and Empowering Young Girls

Guest Speakers Breakdown

Requesting: \$1,450.00

Girls on the R.I.S.E focuses specifically on the experiences of Black adolescent girls; it is highly recommended that the group leaders and guest artists also be of African American descent and a woman operating from an African American viewpoint.

Faith Bailey of FABART INC. (7th Grade x2 Brooks and Julian Middle Schools)

Artist

Project: Self -Esteem Paint and Sip with 20 students

\$150.00 per 10 girls includes canvas, paint and brushes and discussion with students on the importance of loving themselves through art.

Totaling: \$300.00

Diana Muhammad (6th Grade x2 Brooks and Julian Middle Schools)

Executive Director of Move Me Soul

Professional Dancer/ Choreographer and Educator

Project: West African Influenced Dance Workshop with Live Percussion

\$150.00 per workshop includes African history lessons, self-esteem in walking, dance routine, drummer. 20 students

Totaling: \$300.00

Tocara Daniel (8th Grade x2 Brooks and Julian Middle Schools)

Licensed Zumba, Zumba Gold and Zumba Step Instructor

Project: Health is Wealth, speaking with students about the importance of being active and eating proper foods for the body. 20 students

\$125.00 per workshop includes several Zumba routines, goody bags and health education, being active contributes to improving your self-confidence.

Totaling: \$250.00

Nubia Henderson (6th Grade x2 Brooks and Julian Middle Schools)

Owner of Kids Jamm

Kids Yoga Teacher -Mindful Movement and Meditation Instructor

Project: Checking your Mental Health 20 students

\$150.00 per workshop includes yoga mats, journals, learning breathing techniques to incorporate before frustration sets in, learning how to get in tune with self and learn beginner yoga positions.

Totaling: \$300.00

Ymani Hanan (7th Grade and 8th Grade x2 Brooks and Julian Middle Schools)

*Owner of **Blooming Crown Company***

Natural Hairstylist

Project: Wearing My Crown- A natural hair Conversation, 40 Students

\$75.00 per workshop includes discussion about natural hair in relations to accepting who you are and students will make their own natural hair product to take home.

Totaling: \$300.00