

Director's Report Summary

February 2018

Senior Services

Nutrition



Lunch Program
Meals Served
1,137

Dine Out Meals
Served
216

Home Delivered
Meals
16,058

HDM Weekend
165

Transportation



One Way Trips
1,521



Information &
Assistance Calls
1,052

Case Management



Home &
Hospital
Based
Assessments
209

Adult
Protective
Services
Investigations
7

Mental Health
Support
Hours
62.75

Special Services



Energy
Assistance
Applications
46

Advance
Directives
2

Money
Management
Service Hours
82.25

February 1, 12 & 20:

- Pam worked with Concordia University Assistant Professor Margaret Miles on a partnership for a service learning project for an undergraduate social and behavioral science class. During the class visits in February, Maddie and Kristin worked with the students to conduct surveys and take video stories from participants at the nutrition site relaying information on the services they're currently using, how those services impact their lives, and what they would do if the funding for those programs was cut. The student videos will be prepared to share in the future on the StoryCorps platform.

The students benefitted from visiting the site to see how local service provision works, meeting and working with the participants, and getting a first-hand look at how decision making at the state and federal funding levels can impact local communities and residents at the most basic level.

February 2:

- Pam and Gavin met with Jan Arnold and Park District of Oak Park staff about future opportunities for partnership.

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February 5:

- Pam, Bianca, Madeline, Johnna and Jaimie attended the Legislative Breakfast held at the River Forest Community Center. The breakfast was hosted by AgeOptions, Senior Services of Oak Park and River Forest Townships, and with the support of other local community partners. More than fifty people were in attendance including:
 - Emanuel "Chris" Welch, Illinois state representative for the 7th district
 - Camille Lilly Illinois state representative for the 78th district
 - Eileen Lynch from the office of Senator Don Harmon for the 39th district
 - Marla Skinner from the office of Senator Kimberly Lightford for the 4th district
 - Peter Sylvestri, Cook County Commissioner for the 9th district

February 7:

- Students from Alcuin Montessori visited the nutrition site to make cards to be delivered to the homebound on Valentine's Day.

February 9:

- Although there was a large snowfall this day, Seniors Services provided service to
 - 160 Home Delivered Meals
 - 39 Lunch on-site & 2 frozen meals each
 - 29 passengers on transportation
 - 3 caregiver support participants
 - There were a handful of visitors to the 2nd floor for information
 - Many calls came through the switchboard
- Pam, Maddie and Kristin worked with Northwestern University Professor Margaret Danilovich and her students to recruit participants for their Successful Aging Study at our site. Sixteen participants agreed to participate in four sessions during February March.
 - This is a 4 week program where participants will use our site to meet in a small group of 10-12 people, during four consecutive weeks, for 1.5 hours each week. Different topic areas specific to aging well are covered each week including: nutrition, physical activity/exercise, balance/mobility, and fatigue.

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February 13:

- Pam was the speaker for the Second Tuesday meeting for the League of Women Voters held at the Nineteenth Century Club. Pam discussed programs and services available to residents of Oak Park and River Forest and answered questions for the group of more than 25 attendees.

- Shawn presented information on Oak Park Township Senior Services to undergraduate social work students at St. Augustine College
 - The students listen to the presentation and develop questions to perform a literature review as part of their class project. Once the literature review is complete, they present their findings to the group.

February 14, 21 & 28:

- Students from Percy Julian middle school volunteered in the nutrition program to help serve lunch and clear tables in the dining room.

February 15:

- Vivian participated in a webinar on “Intimate Partner Violence” hosted by the National Adult Protective Services Association, National Council on Crime & Delinquency, National Committee for the Prevention of Elder Abuse.
 - The presenter was Michelle Ballan, a Professor of Social Welfare and Professor of Family, Population and Preventive Medicine at SUNY Stony Brook Health Science Center. Dr. Ballan's research, teaching and service are dedicated to individuals with disabilities. She has published over 40 manuscripts, and is an investigator on several disability grants.

February 20:

- Charles participated in the quarterly conference call of local transportation service providers to keep up to date on the latest information in the transportation provider industry, share ideas on best practices for service provision, and work with other providers to troubleshoot problem situations.

February 21:

- Steve S. attended a training on Alzheimer's held at Triton College sponsored by AgeOptions and the Alzheimer's Association, Illinois Chapter.

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February 21 (cont'd):

- Bianca hosted the Multi-Disciplinary Team meeting which is an opportunity for staff to participate in case presentations about challenging cases with issues of elder abuse, neglect and exploitation. Meeting attendees include members of the community including local clergy, lawyer and social worker meet along with representatives from the following agencies:
 - Office of the Cook County State's Attorney
 - Community Bank of Oak Park and River Forest
 - Thrive Counseling Center
 - Oak Park Police Department
 - Legal Aid Foundation
 - River Forest Police Department
 - Loyola University Medicine
 - Hines VA Hospital
 - Center for Disability & Elder Law

February 21 & 22:

- Pam attended the Centervention Conference hosted by The Association of Illinois Senior Centers (AISC). AISC serves its members through networking opportunities, best practices, education and advocacy for senior services professionals.
- Pam attended the Illinois Township Association of Senior Citizen Services Committees meeting at Centervention.
- Johnna attended Phase II certification training for the Adult Protective Services program in Springfield.

February 22:

- Vivian attended a seminar held by the Elder Justice Center called "Long Term Care - Who Will Pay?" The presentation covered topics including the nature and cost of long-term care, what Medicare covers, and the role of long-term care insurance.
 - The seminar speaker was Dave Lecik a Medicare Training Specialist with the Illinois Department on Aging Senior Health Insurance Program
- Shawn completed a webinar entitled "Supplemental Security Income Basics" hosted by justiceinaging.org.
 - Supplemental Security Income (SSI) is a critical safety net program administered by the Social Security Administration that provides a very basic income to older adults and people with disabilities with no or very limited other income and resources. This webinar describes the SSI program, discusses the basic rules of eligibility and how benefits are calculated, and offers useful resources for obtaining additional information.

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February 26:

- Bianca attended the Quarterly Adult Protective Services Supervisor meeting at AgeOptions.
 - Supervisors from Adult Protective Services provider agencies throughout suburban cook county come together to discuss changes to the program, pending legislation which may affect the program, and any issues or best practices pertaining to funding, billing, case review and conducting investigations.

February 28:

- Shawn attended the Illinois Case Coordination Unit Meeting in Springfield
 - Representatives from the agencies appointed by the state of Illinois come together to meet, learn about changes and information pertaining to the provision of Case Management services , and hear updates to the laws and policies pertaining to the Community Care Program. The meeting topic this month had special focus on training for working with Managed Care Organizations (MCO's).