

Senior Services of Oak Park and River Forest Townships
 130 South Oak Park Ave, Oak Park



**MEAL PICKUP SCHEDULE
 JUNE/JULY/AUGUST 2022**

**PRE-ORDER REQUIRED NO LATER THAN THURSDAY
 OF EACH WEEK!!**

PLEASE CALL (708) 725-9129 TO ORDER!

3-PAK MEAL includes: 1 fresh-hot meal, 1 fresh cold (deli sandwich or salad) meal, and 1 frozen meal. We cannot separate the order or take any special requests at this time. (See Menu on back of this page)

TUESDAYS, PICKUP FROM 10:00AM-11:30AM

Pickup/Drive-thru from Back Parking Lot at 130 S. Oak Park Ave

<u>JUNE 2022</u>	<u>JULY 2022</u>	<u>AUGUST 2022</u>
Tues, 6/7	Tues., 7/5	Tues., 8/2
Tues, 6/14	Tues., 7/12	Tues., 8/9
Tues., 6/21	Tues., 7/19	Tues, 8/16
Tues, 6/28	Tues., 7/26	Tues, 8/23
		Tues., 8/30

JUNE 2022 MENU

	TUES., JUNE 7	TUES., JUNE 14	TUES., JUNE 21	TUES., JUNE 28
HOT MEAL	Eggs w/Biscuit & Gravy Hash Browns Apple Cobbler Juice Banana	Italian Sausage on Wheat Bun Scalloped Potatoes Brussel Sprouts Juice Melon	No hot meal due to holiday. Providing 2 frozen meals	Salisbury Steak Mashed Potatoes & Gravy Multi-Grain Bread Cabbage & Carrots Mixed Fruit Oatmeal Raisin Cookie
COLD MEAL	Chicken Tarragon Salad Crackers Mixed Greens Pea Salad Pineapple	Tuna Salad Crackers Mixed Greens & Tomato Beet Salad Peaches	Chef's Salad Crackers Mixed Greens & Tomato Cottage Cheese Mixed Fruit	Tuna Salad Crackers Mixed Greens & Tomato Hard Boiled Egg Pineapple
FROZEN MEAL	Chef Choice	Chef Choice	Chef Choice	Chef Choice

*Menu subject to change

Non-Discrimination: Oak Park Township Senior Services does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, Section 504 of the Rehabilitation Act. The Americans with Disabilities Act. The Illinois and U.S. Constitutions. If you feel that you have been discriminated against, you have the right to file a complaint.

Senior Services programs are made possible by funding, in whole or in part, from AgeOptions, the Older Americans Act, Illinois Department on Aging, private donations, and monies from OP/RF Townships