



June 2022

To register for events, please contact
**Kristin Norman, Outreach and Activity Assistant at
 (708) 383-8060**

MON	TUE	WED	THU	FRI
		1 Dare Day BINGO (11:30-12:30) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)	2 National Rocky Road Day Telephone Topic: (10:30-11:00) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or Back Parking Lot 130 S Oak Park Ave Oak Park, IL (If weather permits) ILLUMIDENT ORAL HEALTH PRESENTATION Presenter: Fran Tourdot, RDH, BS (11:00- 12:00) Back Parking Lot	3 National Doughnut Day MEAL DISTRIBUTION OR DINE OUT COUPON PICKUP (11:00-1:00) Back Parking Lot 130 S Oak Park Ave Oak Park, IL
Senior Farmers' Market Nutrition Program Coupons coming soon! Registration required!	NEW!! Starting Tues, June 7 MEAL PICKUP DAY EVERY TUESDAY 10am-11:30 Back Parking Lot			
6 National Gardening Exercise Day Telephone Topic: (10:30-11:00) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or Back Parking Lot 130 S Oak Park Ave Oak Park, IL (If weather permits)	7 National Chocolate Ice Cream Day Telephone Topic: (10:30-11:00) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or Back Parking Lot 130 S Oak Park Ave Oak Park, IL (If weather permits) BOOK GROUP (2pm-3pm) Back Parking Lot <hr/> NEW! MEAL PICKUP 10:00-1130 Back Parking Lot	8 World Ocean Day BINGO (10:30-11:30) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits) REST & DIGEST: 3 KEYS TO BETTER SLEEP Presenter: Allison Brill MPH, BSW (11:30-12:30) Back Parking Lot Fun In the Sun Craft (12:00-1:00) Back Parking Lot	9 National Strawberry Rhubarb Pie Day Telephone Topic: (10:30-11:00) Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)	10 Herb and Spice Day MEAL DISTRIBUTION OR DINE OUT COUPON PICKUP (11:00-1:00) Back Parking Lot 130 S Oak Park Ave Oak Park, IL

<p>13 Sewing Machine Day</p> <p>Telephone Topic: (10:30-11:00)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>14 Monkey Around Day</p> <p>Telephone Topic: (10:30-11:00)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>15 Smile Power Day</p> <p>BINGO (10:30-11:30)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>16 Fresh Veggies Day</p> <p>Telephone Topic: (10:30-11:00)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>17 Take A Road Trip</p> <p>MEAL DISTRIBUTION OR DINE OUT COUPON PICKUP (11:00-1:00)</p> <p>Back Parking Lot 130 S Oak Park Ave Oak Park, IL</p>	
<hr/>		<p>NEW! MEAL PICKUP 10:00-11:30 Back Parking Lot</p>	<p>BRAIN HEALTH ZOOM TALK Presenter: Tara Allen, RD (11:00-12:30)</p>	<p>CAREGIVER SUPPORT TALK Presenter: Devin Andrews, Caregiver Support Specialist for OPTSS (12:00-1:00)</p>	
<p>20 OBSERVATION JUNETEENTH DAY</p>	<p>21 Summer Solstice</p>	<p>22 National Chocolate Éclair Day</p>	<p>23 Let It Go</p>	<p>24 National Food Truck Day</p>	
<p>CLOSED HAPPY JUNETEENTH!</p> 	<p>Memory Café (2:00-4:00pm) <u>Join Zoom Meeting</u> https://us02web.zoom.us/j/83884896252 <u>Meeting ID: 838 8489 6252</u> <u>One tap mobile</u> <u>+1(312) 626-6799,</u> <u>Meeting ID: 83884896252</u> Or Call :708-383-8060 Location: 130 S Oak Park Ave, OP IL New! Meal Pickup 10:00-11:30 Back Parking Lot</p>	<p>BINGO (10:30-11:30)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>Telephone Topic: (10:30-11:00)</p> <p>Call In: 425-436-6394 Access Code:506198 Or Call :708-383-8060 or <u>Back Parking Lot</u> <u>130 S Oak Park Ave</u> <u>Oak Park, IL</u> (If weather permits)</p>	<p>MEAL DISTRIBUTION OR DINE OUT COUPON PICKUP (11:00-1:00)</p> <p>Back Parking Lot 130 S Oak Park Ave Oak Park, IL</p>	
<p>27 Sunglasses Day</p>	<p>28 Paul Bunyan Day</p>	<p>29 Camera Day</p>	<p>30 Meteor Day</p>		
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Non-Discrimination: Oak Park Township Senior Services does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, Section 504 of the Rehabilitation Act; The Americans with Disabilities Act; The Illinois and U.S. Constitutions. If you feel that you have been discriminated against, you have the right to file a complaint.

Senior Services programs are made possible by funding, in whole or in part, from AgeOptions, the Older Americans Act, Illinois Department on Aging, private donations, and monies from OP/RF Townships