

**OAK PARK TOWNSHIP - RESOLUTION 2022-03**  
**DESIGNATING MENTAL HEALTH MONTH**  
**May 2022**

**WHEREAS**, mental health is essential to everyone’s overall health and well-being; and

**WHEREAS**, all Americans experience times of difficulty and stress in their lives; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental health conditions; and

**WHEREAS**, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

**WHEREAS**, mental health conditions are real and prevalent in our nation; and

**WHEREAS**, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

**NOW, THEREFORE BE IT RESOLVED BY THE BOARD OF TRUSTEES OF OAK PARK TOWNSHIP, COUNTY OF COOK, STATE OF ILLINOIS, AS FOLLOWS:**

**Section 1.** We do hereby proclaim May 2022 as Mental Health Month in Oak Park.

**Section 2.** We call upon the citizens, government agencies, public and private institutions, businesses and schools in Oak Park to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

This Resolution passed and adopted by the Oak Park Township Board of Trustees on the 10<sup>th</sup> day of May 2022.

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Clarmarie I. Keenan, Supervisor

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DaToya Burtin-Cox, Clerk

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Eric Davis, Trustee

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Adekunle Onayemi, Trustee

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Tim Thomas, Trustee

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Margaret Trybus, Trustee