

Strengthening Families Program

Come join us for a fun-filled 11-week parenting/family relationship skill-building class for your entire family!



Are you
interested
in having?

- More loving family relationships? Better communication?
- Less arguing, more respect, and less stress?
- Better-behaved kids? That help around the house?
- More school success? More responsible?
- Smart kids who avoid alcohol & drugs?

Tuesdays

Starting: January 12, 2021

Ending: March 23, 2021

Time: 6 p.m.- 8 p.m.

***OFFERED ONLINE ***

Zoom Link will be sent once you register

CALL AHEAD TO REGISTER

708.410.0615

(Mention SFP in Oak Park)

**Invite your kids' friends' parents
to come too. They'll thank you!**

- Classes open to families with children ages **7-17 years of age**.
- Delicious dinner provided. —One night less of cooking dinner!
- Program proven to work— is taught in all 50 states and 36 foreign countries
- **No cost to you!** ...plus your kids will learn skills to help them all the rest of their lives.
- Must reside in Oak Park or River Forest. (Proof of residency is required, such as ID or Utility Bill.)

Services provided by AMITA Health and sponsored by the Community Mental Health Board of Oak Park

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