

# Strengthening Families Program

Come join us for a fun-filled 11-week parenting/family relationship skill-building class for your entire family!



Are you  
interested  
in having?

- More loving family relationships?
- Less arguing, more respect, and less stress?
- Better-behaved kids?
- More school success?
- Smart kids who avoid alcohol & drugs?

## Come Tuesdays

**Starting: February 25, 2020**

**Ending: May 12, 2020**

**Time: 6 p.m.- 8 p.m.**

**Location: River Forest Community Center  
8020 Madison St. River Forest, IL 60305**

## **CALL AHEAD TO REGISTER**

**708.410.0615**

***(Mention SFP in Oak Park)***

**Invite your kids' friends' parents  
to come too. They'll thank you!**

- Classes open to families with children ages **7-17 years of age**.
- Childcare provided for younger children and transportation is available if needed.
- Delicious dinner provided. —One less night of cooking dinner!
- Program proven to work— is taught in all 50 states and 36 foreign countries
- **No cost to you!** ...plus your kids will learn skills to help them all the rest of their lives.
- Must reside in Oak Park or River Forest. (Proof of residency is required, such as ID or Utility Bill.)

\*Services provided by AMITA Health and sponsored by the Community Mental Health Board of Oak Park\*