

Statistics

91%

of participants felt facilitators were caring and supportive

74%

of families have better communication as a result of participation in FACE-IT

100%

of participants thought there were enough opportunities to interact with other participants

78%

liked the way information was presented

78%

of youth feel better prepared to avoid using alcohol, tobacco and other drugs

87%

of adults feel better prepared to help their children avoid using alcohol, tobacco and other drugs



Participant Feedback

“Great program. My son and I have better communication because of this program.”

“I now understand how abusing alcohol can negatively affect my parents and friends, and I don't want to do that to them.”

“I really believe that this program has helped me as much as my family. Now we all share our thoughts and problems.”



Featured on
US Department of Education's
cable television show,
Parents: News You Can Use



Established in Oak Park
and River Forest

Served over 200 families

**For more information
contact Jenifer Roth**



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Youth Services

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Families
Acting
Collaboratively to
Educate and
Involve
Teens



Evidence Based, Family Focused
Alcohol, Tobacco, and Other Drug
Education, Prevention
and Early Intervention Program
That Teaches Life Skills



Funded by Youth Services
Oak Park & River Forest Townships,
Community Mental Health Board
of Oak Park Township

Program Goals

Reduce incidents of alcohol, tobacco and other drug use and possession at school and in the community by learning to make better choices

Develop and provide clear family rules and consequences regarding the use of alcohol, tobacco, and other drugs

Thought provoking topics

Setting Goals

Gateway Drugs

Limits and Consequences

Communication

Families Living with a Substance Abuser

Anger Management

Building Healthy Relationships

Tobacco Use

Making Healthy Choices

Conflict Resolution

Rx & Over-the-Counter Drug Misuse & Abuse

Handling Stress

Underage Drinking



Improve family communication and relationships

Learn about the consequences and effects of using alcohol, tobacco, and other drugs



Connect with other families in the community

Enhance parenting skills and tools



Participants graduate after completing (8-12) sessions (one session weekly)

Learn, practice and apply healthy life skills

FACE-IT offers:

Education and Support
Parent/Caregiver Involvement
Ongoing, Open Classes
Confidentiality
Active Participation